Green Up Development Recycle & Reuse

Training course - Infopack



Prnjavor Čuntićki, Croatia Bruck an der Leitha, Austria







Co-funded by the European Union







RES POLIS



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About the project



The **aim** of our project is to raise awareness about the most crucial problem in today's world, which is the protection of the environment.

What are the objectives of the project?

- to educate of up to 72 young people to become youth leaders of environmental initiatives in local communities;
- to raise awareness, create and deliver 18 local activities in 6 country with inclusion of additional 200 final beneficiaries.

The first exchange takes place in Croatia and Austria where participants will spend together 4 days in each country. The topic of the exchange is "Recycle and Reuse". Young people will attend workshops and learn about infrastructure for waste management, recycling & reusing different "garbage" as well as good practices and shortcomings, upcycling waste and making new value (economical, creative etc.).

Cross-border youth exchange is a unique opportunity when participants are required to attend both parts of the mobility.

Participants

The training will be attended by 18 young people coming from Serbia, Croatia, Austria, Lithuania, Macedonia and Turkey. Each country will be represented by 3 participants aged 16-30.

Country	Organisation	Participants
Serbia	RES POLIS	3
Austria	ACTIVE Austria	3
Croatia	Borakia	3
Turkey	Sustainable Development Association	3
North Macedonia	SFERA	3
Lithuania	ACTIVE Youth	3

Agenda in Croatia

10.4. - Arrival to the eco centre, check in



DAY 1 - 11.4. Thursday

- Getting to know each other
- Team Building games, expectations
- Croatian environment protection infrastructure



DAY 2 - 12.4. Friday

- Waste management workshop
- How to transfer garbage into usefull resource?
- Ecological object construction practical workshop

DAY 3 - 13.4. Saturday

- Micro green vegetables
- Ecological object construction practical workshop



DAY 4 - 14.4. Sunday

- Recognizing & collecting plants in nature
- Collected plants procession



DAY 5 - 15.4. Monday

- Organic and permaculture gardening by ZMAG
- Permaculture workshops
- Inclusive/social models of organization
- Travelling to Austria





How to reach Petrinja?

The bets way is to arrive to Zagreb and from there take a bus to Petrinja or Sisak, both are towns near the venue.



If you choose to go by plane, we suggest flying to Zagreb airport and from there get the airport shuttle bus to the city's bus station. The shuttle runs every 30 min. Ticket is around $5 \in$. Another option from the airport is to take the bus ZET 290 which takes you to Kvaternik Square and from there get to the bus station (Autobusni kolodvor Zagreb). Ticket is around $2 \in$.



Once at the bus station, you have option to travel to Petrinja or Sisak. In order to reach Petrinja, find the most suitable connections on the <u>AKZ website</u> - main website of the Zagreb bus station. The venue is not located directly in either of the towns, once you reach Petrinja or Sisak, the organiser will arrange a transport for you.



There is no option to go to Petrinja by train, only to Sisak. This option is not recommended, but if you choose to go by train, please notify the organiser to arrange your pick up. You can find connection to Sisak on <u>Croatian railroads</u> website.



Car pooling is another option for transport. In this case, please use the address provided on the next page to reach the venue directly.



About Petrinja

The town of Petrinja is located on the right bank of the Kupa. The area of the town of Petrinja is an integral part of the Sisak-Moslavina County and covers an area of 380.94 km2.

It is an area that mostly includes the hilly areas of Zrinska and Hrastovačka gora and smaller plains, along the rivers Kupa and Petrinjčica. Its mainly rural administrative area includes 55 settlements. The towns in the vicinity of Petrinja are Sisak and Glina.

The development and survival of Petrinja over the centuries is conditioned by its favorable geographical location. Namely, the city is located at the intersection of roads that connect northwestern Croatia, including Zagreb, with Banovina, that is, Bosnia and Herzegovina, and the area of Kordun and Banovina with Posavina.

Only 5km from Petrinja there is a natural and cultural sight, Hrastovica forest/mountain - a popular excursion site for nature lovers (and us!). Hiking trails lead from the village center and through the largest European chestnut forest with numerous drinking water springs, to the highest peak - the Cepeliš (416 m) with a beautiful climbers' lodging.

Accommodation in Croatia

Ecological centre "Vrata Zrinske gore" is located in rural Croatia where participants will be divided by 4 into rooms. Full board will be provided during the whole stay. The centre also inlcudes educational halls, an exhibition space, a professional library. The common spaces will be used for workshops and project activities.









Prnjavor Čuntićki 1b, 44250 Petrinja

What to bring?

The weather in central Croatia in April may be between 15 to 20° C with occasional rain, temperature around 10° C at night. Please take into consideration when you pack that some workshops will take place outdoor (short hike, practical exercises). Once you reach Vienna, temperature might descrease slightly. Make sure to bring:

- comfortable outdoor clothes/sport clothes
- raincoat
- warm clothes in case of worsened weather
- moisture-wicking clothes
- sport shoes/hiking boots
- slippers to wear inside
- water bottle
- personal medicine, if any





RURAL

Who are we?

Founded in 2015 by an experienced Youth Worker and project consultant, Borakia Rural is an organisation dedicated to driving positive change in various sectors. With a primary focus on rural development, and eco-agriculture production, we bring a wealth of expertise to every endeavor. In 2019, we expanded our portfolio to include ecological fruit and vegetable production while continuing to provide essential project management and consulting services to agricultural micro-producers in rural areas. Our commitment to sustainability, innovation, and community empowerment guides everything we do at Borakia.



Green Up Development Recycle & Reuse 2nd PART

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15.-20. April 2024



Bruck an der Leitha, Austria

















Agenda in Austria

15.4. - Arrival to Bruck an der Leitha, check in



DAY 1 - 16.4. Tuesday

- Austrian environment protection
 infrastructure
- Upcycling workshops
- Zero-waste Lifestyle



DAY 2 - 17.4. Wednesday

- Zero waste lifestyle tips
- Showcase visit City recycle backyards
- Showcase visit to exemplary shopping centre
- Educational eco movie "A life on our planet"

DAY 3 - 18.4. Thursday

- Waste audit
- E-waste Recycling Workshop
- Community clean-up



DAY 4 - 19.4. Friday

- Online Quiz
- Certification ceremony
- Final evaluation and reflection
- Farewell party

20.4. - Departure home, check out

Accommodation in Austria

Lifestyle Hotel Leithana is located outside of Vienna in Lower Austria, conveniently close to the airport. Participants will stay in triple rooms ensuite with WiFi available. The hotel will provide full board during the stay and there is also a bar and restaurant. The town centre is within 1km and there is also a spa you may visit at your own expense. The aiport is only 20km from the hotel and Bratislava is conveniently only 30 min away.









Practical Information

Before your travels, please make sure to:

- check your travel documents and their validity
- it is advised to have travel insurance for the duration of your stay in Croatia and Austria
- make sure to pack your medicine, if necessary, as you will stay in rural areas in both countries and the availability of medicine can vary from country to country





Who are we?

ACTIVE Austria is Vienna based NGO with the mission of promoting active lifestyle for people of all ages and fitness levels, intercultural understanding and active citizenship. ACTIVE volunteers regularly organise outdoor sport events in and around Vienna (hiking, climbing, clean ups, family games, cycling etc.) and educate the community through sport and non-formal education. Members of ACTIVE are sport experts, educators, youth workers and mountain guides who regularly work with all members of the public, providing equal opportunities to all.



European Youth Together



European Youth Together projects aim to create networks promoting regional to be run in close partnerships, cooperation with young people from across Europe. The networks should organise exchanges, promote trainings and allow for young people themselves to set up joint projects, all of which can be done through both physical and online activities.

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